



# The Knight Times



St. John's Council #1345, Knights of Columbus  
Serving Bergenfield & Dumont; Website: [www.kofc1345.org](http://www.kofc1345.org)  
**Meets every third Monday of the month at 8:00pm**  
*One Nation Under God - Be a Proud Catholic American*  
*February 2023*

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*There will be no Grand Knight's Message in this edition. Instead, please see the following special message by our esteemed Lecturer.*

## **2023 March for Life, Washington, D.C.**

January 20<sup>th</sup>, 2023" will prove a memorable day for those Knights of Columbus and others who participated in the annual March for Life, in Washington, DC. To begin with, it was the 50<sup>th</sup> anniversary of the March, which was conceived by Nellie Gray in 1973, shortly after the passage of Row v. Wade (January 22<sup>nd</sup>, 1973), which gave American women the virtually unconditional Constitutional "right" to abortion on demand. This year's theme, "Next Steps: Marching in a Post-Roe America," acknowledged how far we have come in the last half-century but stressed how much remains to be done to make the murder of God's most innocent children "unthinkable" in America.

The day was unforgettable also because of the quality and passion of the speakers who support the pro-life movement in government, ministry, teaching, and sports. Among the most outstanding were: Representative Steve Scalise [R-LA] who called for legislation to end late-term abortion and infanticide; NFL Coach Tony Dungy and his wife, Lauren, who called for ardent prayer to change the hearts and minds of pro-abortion politicians; Representative Trenee McGee [D-CT] who dramatically demonstrated how a culture of death has disproportionately affected black women "who suffer in silence"; and, Jonathan Roumie, who plays Jesus in the popular series "The Chosen" who berated the entertainment industry for making "an assault on our natural virtue" and creating a "darkening" of our cultural landscape. Perhaps the two most moving speakers were Sr. Mary Casey, SL and her twin sister Casey Gunning, who has Down syndrome, and who elicited a roar of approval and love from the crowd, when she cried, "Down syndrome does not define me; God defines me!" and, "I love my life." The presentation was brought to a close by the daughter of Saint Gianna Baretta Molla, MD [Gianna Emanuela Molla, also MD], who recalled that her mother so loved life and so well understood Christian ethics that she chose to continue her pregnancy at the cost of her own survival.

Those who travelled together from our five Councils will also remember January 20<sup>th</sup> because we experienced a minor miracle. After leaving the march, we clambered aboard our bus to begin the drive back to Bergenfield. We had got no more than two miles when, without warning, the rear driver's side tire of the bus flew off, bounced across two lanes of traffic, passed through a pedestrian crosswalk, and landed in the grass of an adjacent island. No one was hurt or even scathed! The worst consequence of the mishap was that we had to wait three hours inside the disabled bus for a new bus and driver to continue our journey. Weary, somewhat dehydrated and hungry, we reached the parking lot of Saint John's Church fifteen minutes before midnight. God must have been watching us. When I think of what might have happened had we been travelling at 65 MPH on I-95 when the tire came loose, I am convinced that everyone on our bus and those in nearby lanes received a blessing that night.

Everyone at the march recognized the need to continue the pro-life movement on the state and local level, and to fight the new abortifacients that have become available at pharmacies, by mail order, and over the Internet. Seeing hundreds of thousands of pro-life advocates, most of whom were students and young families, united by a single holy cause is heartening—despite the work that lies ahead.

*Vivat Jesus,*

**Dr. Geoffrey J. Sadock, Lecturer**

### **Council Officers 2022-2023**

Chaplain Emeritus:	Rev. John F. Murray (deceased)	
Chaplain:	Fr. Dermot Roache, SMA	201-567-0450
Grand Knight	Gerry Flood	914-343-5508
Deputy GK:	Chuck Hollis	201-314-8599
Chancellor	Bob Knott	201-675-2802
Warden	Justin Miller	201-421-8916
Recorder	Jim Callahan	201-655-2634
Treasurer	Arturo Ilano	917-288-8407
Advocate	Rich Oldfield	201-220-7127
Financial Sec	Ken Armellino, PGK	516-220-9333
Inside Guard	William Flores	917-544-2322
Outside Guard I	Frank Apablaza	201-362-0770
Outside Guard II	(open)	
Trustee 1 yr.	Frank Gallacher, PGK	201-957-2683
Trustee 2 yr.	Steve Martin, DD, PGK II	201-669-8236
Trustee 3 yr.	Brian O'Dowd	201-385-2859
Lecturer	Dr. Geoffrey Sadock	201-387-0240
Insurance Agent	Enrique Blanco	201-745-2723
District Deputy	Steve Martin, PGK II	201-669-8236

### **Council Chairmen 2022-2023**

Church Activities:	Matt Connell	201-387-7187
Community Affairs:	Kenneth Armellino	516-220-9333
Council Activities:	Steve Martin, PGK II	201-669-8236
Council Reservation:	Kenneth Armellino	516-220-9333
Family Activities:	Steve Martin, PGK II	201-669-8236
Feeding Homeless:	John Scalice	201-338-2789
Murray Scholarship:	Steve Martin, PGK II	201-669-8236
Mail Committee:	Frank Uvenio	201-385-0990
Membership:	John McHugh	201-647-7729
Newsletter Editor:	Mike Rowley	201-280-8727
Parish Roundtable:	Ken Armellino, PGK	516-220-9333
Program Director:	Brian O'Dowd	201-385-2859
Publicity:	Ken Armellino	516-220-9333
Respect for Life:	Matthew Connell	201-387-7187
Retention:	Brian O'Dowd	201-385-2859
Retreat:	Tony Tulli	732-608-0784
Scholarship:	Dr. Geoffrey Sadock	201-387-0240
Sick & Wake:	Jim Callahan	201-655-2634
SMA Mission Rep:	Innocent Amaefule	973-449-2808
St. John Church Rep:	Bob Knott	201-675-2802
St. Mary Church Rep:	G. DiCostanzo, PGK	201-338-2617
Webmaster:	Brian O'Dowd	201-385-2859

### **Twin-Boro Columbian Club Officers 2022-2023**

President:	Steve Martin, DD, PGK	201-669-8236
Vice President:	Mike Rowley	201-280-8727
Secretary:	Tom Formoso	201-707-9890
Treasurer:	Adrian Miller	201-803-0388
Trustee:	Bob Feigle	551-265-9747
Trustee:	Anthony Marti	917-602-3797
Trustee:	Paul Hecker	201-207-1051

### **Columbiette Officers 2022-2023**

President:	Laura Labetti	201-788-5971
Vice-President:	Jill Moriarty	201-280-6667
Secretary:	Janet Maniscalco	201-417-0999
Financial Sec:	Genine Armellino	917-992-2011
Treasurer:	Michele Sciarino	201-387-2916
Sentinel:	Maureen Italiano	201-916-1404
Immed Past Pres:	A. Nina DiCostanzo	201-338-2617

### **Boy Scouts – Troop #1345 / Crew #1345 – 2021-2022**

Scoutmaster – Art Rosenberger	
Asst. Scoutmaster – Mike Davis	
Crew Advisor – Ray Ziemba	201-410-0897
Assoc. Crew Advisor – Tim Bright	201-803-5602

### ***Knight Times Newsletter***

Editor Emeritus: George Di Costanzo, FDD, FFS, PGK.

Editor: Mike Rowley

Email: [koc1345newsletter@gmail.com](mailto:koc1345newsletter@gmail.com)

Send correspondence to: Mike Rowley, P. O. Box 211, Dumont, NJ 07628.

*Knight Times, published monthly, is the official publication of St. John's Council #1345, K of C. Information contained therein does not necessarily purport to represent the views of the Knights of Columbus at large. Subscription is to all members in good standing.*

### ***Healing and Wake Report***

*As of January 24, 2023*

Bold indicates new name or a change in condition.

To add a name, please call Jim Callahan: 201-655-2634.

Notice: The Healing List for members, family and friends of members will be updated every 3 months and names will be removed from the list after 3 months. If you want a name to remain/be placed back on the list, please email Jim Callahan at: [jmc712@aol.com](mailto:jmc712@aol.com).

### ***Members***

-Don Wuertz	-DGK Brian O'Dowd
-George DiCostanzo, PGK, DD	-Dan Taylor
-Dr. Geoffrey Sadock	-Chuck Hollis, FDD, PGK
-Larry Rivera, PGK	-Fred Schuldt
-Emil Harris	-John Cleary
-Michael Siano	-Lou Sciarino
-John Cronin	<b>-Andrew Mirto</b>
-Father Dermot Roache, Chaplain	-Jeff Meeks

### ***Relatives & Friends***

-Janet Trawinski, wife of Edward A. Trawinski, Jr.
-Fr. Pat Donohue, priest at St. Mary's Church
-Fr. Ray Filipski, priest at St. John's Church
-Sr. Ann Murray, sister of our late Fr. Murray;
-Nancy Florio, wife of Ken Florio
-Marie Piccione, mother-in-law of GK Gerry Flood
-Nancy Hecker, wife of Paul Hecker
-Janice Forlini, Columbiette
-Mary McGowan, wife of Gerald McGowan
-Joyce Tyson, mother of Michelle Sciarino
-Laura Hurley, niece of James Hurley
-Millie Healy, wife of Marty Healy, PGK
-Stephen De Noia, son of Joe De Noia
-Herb Meyers, FSD and wife Ann
-Barbara McEllen, Columbiette
-Nina DiCostanzo, Columbiette
-Maryjo Harris, wife of Emil Harris
<b>-Marlene Stoever</b> , wife of Jim Stoever, State Deputy

### ***Wake***

-Maryanne Ragone, Columbiette
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### ***Organ Donor Program***

Brothers, with your family and friends, become an Organ Donor. The life you save is precious, and could be family, a relative, or a friend. Sign up at: [www.registerme.org/knights](http://www.registerme.org/knights) or with Greg Ryan, 201-919-2535

### **Chaplain's Message**

And the Greatest of These is Love...

When we look at some of our contemporary saints like Mother Teresa who radically and courageously "loved until it hurt," our hearts should naturally be moved and called to attention. We as Catholics, first and foremost, cannot escape the high calling of Jesus to be His hands, His feet and mouth for others in need. And in particular in the family of Blessed Fr. McGivney, we have been given a charge to live an active and manifest life of charity and to live it in joy! Sometimes for we brother Knights and Sister Columbiettes, it demands radical decisions, like the direct involvement in issues such as life, poverty, and the corporal works of mercy. In other ways, it requires a silent presence, unified prayer and solidarity in faith.

In this short time between Christmas and Lent, ponder and reflect upon what charity truly is. Charity or "love" is the highest of all the virtues. Have we allowed ourselves to become guided by a more secular and selfish form of "love" in the world abandoning the demands of the Gospel? Do we truly build people up and witness the love of God to them? Or, do we act more out of a selfish personal agenda rather than out of self-giving and sacrifice? We must ponder these questions seriously. Take our Lord seriously and once again examine our lives of charity. Strive to love as Christ loves.

Vivat Jesus!

*Fr. Dermot Roache, SMA, Chaplain*

### **Deputy Grand Knight's Report**

Happy February everyone!

I would like to take the time to thank our Friday Night Social Kings, Jim Callahan and Anthony Marti for their last presentation of our social in January. What has been dubbed a mini-Dumont HS Reunion showcased and band that included PGK Tom Ciotti's son Sal and his bandmates. Thank you gentlemen for your effort to promote our council and to bring our members together.

Thank you also goes out to Dr. Geoffrey Saddock in leading our January lecture series with the presentation from Debbie Provencher of Lighthouse Pregnancy Resource Center and what they do for people in need of their services. It was a wonderful talk about God's greatest gift, Life. Thank you, Geoff and Debbie.

Please come out for our Comedy Night on February 25, 2023. \$40.00 per person and the activities begin at 8:00 pm. For more information, please see the flyer or contact Ken Armellino at 516-220-9333. We could all use a good laugh nowadays, so come out and join us!

Finally, I wish you all a Happy St. Valentine's Day and ask that you keep our Grand Knight, Gerry Flood in your prayers as he undergoes his second knee surgery on February 16.

God Bless and keep warm.

*Chuck Hollis, FDD, Deputy Grand Knight*

### **Register Your Email Address for the Digital "Knight Times"**

As of July 1, 2023 the "Knight Times" will be distributed solely online. We will spend the next 6 months doing our best to collect members' email addresses, and for those few who do not have access to an email, we will work with you to ensure we have a mechanism to keep you involved and informed. Questions may be directed to Deputy Grand Knight Chuck Hollis. **Be sure to include an email address with your 2023 dues payment where indicated.** If you are **NOT** a member but still wish to continue receiving the "Knight Times" send an email to [KofC1345Reservations@gmail.com](mailto:KofC1345Reservations@gmail.com) with your request.

### **Twin Boro Columbian Club Report**

Thanks to the efforts of our team and the great decor our hall offers, we have received numerous inquiries about the rental of our hall. Our business model has changed and we don't need as many volunteers as we used to. **But we do need volunteers!** If every brother could donate one day or night a year (5 hours) of their time, our job would be so much easier. Yes, just 5 hours a year! We can always use servers, bartenders, kitchen help, dishwashers and caretakers at rentals. As President of the Columbian Club, I pride myself on personal contacts and relationships. That's the only way to continue the great work of St. John's Council 1345. If you want to help, call me or text me at 201-669-8236. I'll find a slot for you. Again, please consider my offer - help us one day/night a year.

*Steve Martin TBCC President, DD, PGK*

### **Respect Life Report**

Is this the United States of America I grew up in? I think not. When I was a young boy I would deliver prescriptions on my bicycle. The doctor across the street from the drug store was sentenced to 2 years in prison for performing an abortion. Today people are arrested for praying outside an abortion facility. What is happening in this country? All the more reason the Knights of Columbus must continue to advocate for life, provide ultra sound machines and pray for the unborn.

*Matt Connell, Chairman*

### **Columbiette Report**

Just a reminder, for those of you who haven't paid your 2023 Membership Dues (which are \$30.00) you can bring your dues the night of our next meeting, February 15, or you can mail it to our Financial Secretary, Genine Armellino, 60 Dance Blvd., Dumont, N.J. 07628.

And speaking of Membership...We are always looking for new members. Do you know anyone who would be interested in becoming a Columbiette? Talk with your friends and neighbors and see if they would be interested in joining.

The month of February brings us Groundhog Day, Feb. 2, National Wear Red Day, Feb 3, and of course Valentine's Day, Feb. 14. Also, the season of Lent as Ash Wednesday is on Feb. 22. Wishing everyone a lovely Valentine's Day and a prayerful Lenten journey. Peace!

*Roberta Elwell, Past President*

### **Dates to Remember**

*(events are at the Council unless noted otherwise)*

- Friday, Feb. 3<sup>rd</sup> Recitation of the Rosary at St. Mary's Church – **6:05 PM**; Holy Hour/Eucharistic Adoration at St. John's - **8:30 PM**
- Sunday, Feb. 12<sup>th</sup> Superbowl Party – **4:30 PM**
- Wed, Feb. 15<sup>th</sup> Columbiettes Meeting – **7:30 PM**
- Sunday, Feb. 19<sup>th</sup> Mass for the Healing, SMA Fathers Tenafly – **2:00 PM**
- Monday, Feb. 20<sup>th</sup> Council Meeting – **8:00 PM**
- Wed, Feb. 22<sup>nd</sup> Ash Wednesday
- Sat, Feb 25<sup>th</sup> Comedy Night – **7:00 PM**
- Troop 1345 meets every Tuesday at 6PM.*

### **Eucharistic Adoration**

Brother Bob Knott asks that you contact him at 201-675-2802 or email him at [knottrj@optimum.net](mailto:knottrj@optimum.net) if interested in St. John's overnight Eucharistic Adoration.

### **Next Council Meeting - Monday, February 20<sup>th</sup>**

Our next Council meeting will be held on Monday, February 20<sup>th</sup> at 8PM. Prior minutes can be reviewed by going to [KofC1345.org](http://KofC1345.org) and selecting "Minutes" from the left-hand side. When prompted, enter "1345" for the user and "armour" (case sensitive) for the password.

### **Superbowl LVII – Sunday, February 12<sup>th</sup>**

Come down to the Council on Sunday, February 12<sup>th</sup> for our annual Superbowl Party! We will be serving pork loin, chicken wings, hot dogs, chili, fries and nachos. Cash bar, beer bucket specials, 50/50 raffle and pool boxes are available. Doors open at 4:30 PM. Cost is \$10. Please text or call Mike Rowley at 201-280-8727 by February 10<sup>th</sup> to RSVP.

### **Comedy Night – Saturday, February 25<sup>th</sup>**

LAST CHANCE!! INVITE YOUR FRIENDS! Join us February as we present THREE professional comedians for a show that will surely leave you laughing. Doors open at 7 PM, show starts at 8 PM. We will have sandwich platters and chips on every table, as well as have a cash bar available. We expect this event to be filled to capacity, so be sure to get your reservations in NOW! **RSVP REQUIRED!** Email [kofc1345reservations@gmail.com](mailto:kofc1345reservations@gmail.com) or call or text Ken at 516-220-9333 to RSVP. Cost is only \$40 per person. Cash bar available.

### **Save the Date! Friday March 10<sup>th</sup> – Fish Fry Social**

Join us for a Lenten Fish Fry dinner on March 10<sup>th</sup> from 6 PM to 8 PM. We're serving Pub style cod served over steak fries with sides of coleslaw, salad and tartar sauce. Includes coffee, tea, and cake for dessert. Cost is \$13.00 For Adults \$10 for children 10 & up. Under 10 free. Chicken nuggets available for the little ones upon request. **RSVP Required:** contact [bobfeigle@gmail.com](mailto:bobfeigle@gmail.com)

### **Dues Reminder**

As a reminder, dues notices went out in January – please help keep the costs down by returning your dues with the first notice. For your convenience we provided an option to pay by credit card this year (there will be a slight fee to cover the associated costs). As stated in this newsletter, it is important for you to provide a valid email address with your dues, so that we may continue to provide the "Knight Times" this July.

### **Lenten Prayer Chain**

In addition to our Wednesday Prayer Chain at noon, join our brother Knights, sister Columbiettes, family and friends every Friday at 6 PM during Lent. Come together in spirit and prayer to pray the following Lenten Prayer: "God, may your light guide my day, and your spirit bring me peace. May my sacrifice today of (state your Lenten sacrifice) remind me of my dependence on you for all my blessings I enjoy. Amen."

### **Gunning Award Recipients**

Congratulations to Fr. Carey, Pastor and Fr. Pat O'Donahue of St. Mary's Church on being named the Gunning Award Recipients for the 41st Annual Bergen County St. Patrick's Day Parade by the Council of Irish Associations of Greater Bergen County. The Parade will be held on Sunday, March 12, 2023, at 2:00 PM in Bergenfield.

### **Mass for the Healing – Sunday, February 19<sup>th</sup>**

Join us for the 2nd annual Mass for the Healing at SMA Fathers in Tenafly on Sunday 19, 2022 at 2 PM. There will be refreshments at the Council Hall after the Mass. Healing can be any form of physical, emotional, and/or mental ailments, or any kind of loss, abuse, violence, etc. We are arranging for the Mass to be on YouTube for the homebound, details to follow. For more information call Jim Callahan at 201-655-2634.

### **Profile of a Knight - Joe Verga**

Joe is a loving and devoted grandfather, father, and husband of 55 years to Judy. St. John's and Bergenfield is very lucky to have him. Among his many volunteer efforts, Joe chairs and plans St John's annual carnival, he is a Eucharistic minister and helps plan CCD. Joe also works on one of the town committees and is an officer at the Lions Club. Joe has always been involved with the scouts and currently serves as an advisor. As busy as Joe is, he took the time to join the Knights. Joe, thank you for all you do!



**The Bergen County Federation in Washington, D.C. for the March for Life on January 20<sup>th</sup>, 2023**